## 2 mil

## Our Learning Keys

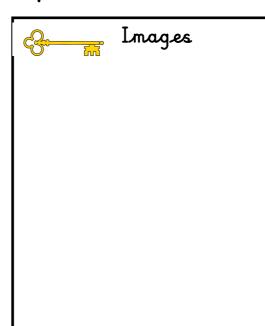
## Relationships; Families and Friendships

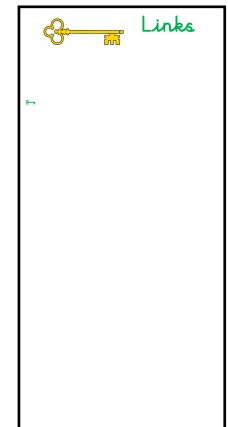
PSHE

Year 4 Autumn I of 3



- What are the features of healthy relationships?
- What strategies are there to build positive friendships?
- How do we seek support if we feel lonely or excluded?
- How do we communicate respectfully with friends when using digital devices?
- How does knowing someone online differ from knowing them face-to-face and what risks are there in communicating with someone you don't know?
- What do we do or who do we tell if we are worried about any online contact?





Digital devices

Risks

Vocabulary

Online contact

Positive

Seek support

Relationships

Mutual

Trust

Respect

Excluded

Communicate



- Some of the features of positive and healthy relationships are mutual respect,
  trust and shared interests.
- There are many different people who can help you if you feel lonely or excluded such as friends, classmates, teachers, school staff, parents, family members and charities.
- Knowing someone online is different from knowing them face-to-face and we need to be careful how we behave online ti keep ourselves and others safe. We don't share personal information about ourselves or give virtual strangers a way of finding us in real life.

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Previously	Relationships:	Next	
	Families and Friendships	Relationships: Safe Relationships	