



Our Learning Keys

Unit 2.8 How is faith expressed in Sikh communities and traditions?

R.E.

Year 4
Autumn 1

Questions

- How do Sikh beliefs affect the way they live their lives?
- Why is the Gurdwara significant to Sikhs?
- What are the five main things in the Gurdwara that show Sikh spiritual ideas?

Images



Links

- Literacy: What is the meaning of the words in prayers?
- Art: How is faith expressed in Art, music and clothing?
- Geography: Where in the world did the Sikh faith begin? Where do its followers live now?
- Geography: Where is the Golden Temple?
- PSHE: What does it mean to live a good life?
- PSHE: Why are values like equality, community and respect important?

Vocabulary

worship	showing respect for God (through prayer, etc)
gurdwara	the building where Sikhs worship
Guru	teacher
sewa	Selfless service (Sikh)
langar	A special meal cooked by Sikhs to share with others
Guru Granth Sahib	The Sikh holy book. Sikhs treat it as a living Guru.
5 Ks	The things worn by baptised Sikhs as a sign of their faith.
turban	a head covering used by male Sikhs to tie their uncut hair

Facts

- Sikhs believe that there is the one God – the **Waheguru** (the Wonderful Lord)
- There are more than 500,000 Sikhs living in Britain.
- A key idea in Sikh belief is **Sewa**, the idea of service, human equality and dignity.
- The first ten Gurus were the early leaders of the Sikh faith. The first Guru was Guru Nanak (1469-539). The last living Guru was Guru Gobind Singh (1666-1708).
- The final and eternal Guru, the Guru Granth Sahib, was not a human. It is the Sikh holy book and Sikhs treat it as a living and eternal (everlasting) Guru. A copy of the Guru Granth Sahib can be found in every Gurdwara.
- The Guru Granth Sahib is placed on a 'throne' under a cover. At night, it is taken to bed and put in a small bed or cot.
- Baptised Sikh men are given the name 'Singh' (meaning lion). Baptised Sikh women are given the name 'Kaur' (meaning princess).
- Baptised Sikhs are supposed to wear the 5 'K's at all times.
- The 5 Ks are: **Kesh** (uncut hair), **Kirpan** (a steel sword – usually a small one), **Kara** (a steel bracelet worn to show a connection to God), **Kanga** (a wooden comb worn in the hair to symbolise cleanliness and **Kachera** (a kind of short cotton underwear)

Doors this will open...

Author
Religious leader
Teacher
Chef
Artist



Previously...

In Year 1, we looked at what happens in a Gurdwara. In Year 2, we learnt about the festival of Guru Nanak's birthday.

Unit 2.8

How is faith expressed in Sikh traditions?

Next...

Later this year, we will learn about Hindu beliefs and traditions.