## Our Learning Keys Relationships; Safe Relationships

**PSHE** 

Year 2

Autumn 2 of 3



- How do we recognise hurtful behaviour, including online?
- What do we do if we see or experience hurtful behaviour?
- What is bullying and what are the different types of bullying?
- How does bullying make people feel?
- How do we ask for help when we are unhappy or lonely?
- What's the difference between happy surprises and secrets that make us feel uncomfortable or worried? How do we ask for help if we are worried?
- How do we resist pressure to do something which makes us feel worried or unsafe?







Secrets

## Facts

- Sometimes people are hurtful towards others-this may be at school, out at play or maybe online e.g. when using video games or when messaging each other on phones or via the internet.
- There are different types of bullying including cyber bullying, physical bullying, verbal bullying or social bullying e.g. trying to turn someone's friends against them.
- There are lots of ways in which we can help stop bullying.
- Sometimes people can put pressure on us to do something unsafe or something which makes us feel uncomfortable; there are people to turn to for help.

P.reviously	Relationships:	Next
Relationships: Families and Friendships	Safe Relationships	Relationships: Respecting Ourselves and Others.



Doors this will open ..