



Our Learning Keys

Relationships; Safe Relationships

PSHE

Year 1

Autumn 2 of 3

Questions

- In which situations might our bodies or feelings get hurt? Who would we go to for help with this?
- What does it mean to keep things private; including private body parts?
- How do different types of touch make us feel?
- What should we do if being touched makes us feel uncomfortable or unsafe?
- When is it important to ask for permission to touch other people?
- How do we give (or not give) permission to be touched?

Images



Links

- NSPCC Pantsosaurus



Vocabulary

Unsafe
Respond
Permission
Feelings
Refuse
Emotions
Grant
Private
Touch
Privacy
NSPCC
Underwear rule
Uncomfortable

Facts

- There are different ways that our bodies can be hurt and our feelings can also get hurt sometimes.
- You shouldn't be touched on parts of your body that are usually covered by your underwear-and you shouldn't touch other people in these areas either.
- If someone asks to see or touch your body where you normally have underwear you should say, 'no' and tell someone you trust.
- Being touched by someone else shouldn't make you feel uncomfortable or unsafe and there are ways in which you can tell others that they don't have permission to touch you that way.
- Sometimes you will need to ask permission to touch other people.

Doors this will open...



Previously...

Relationships: Families and Friendships

Relationships:

Safe Relationships

Next...

Relationships: Respecting Ourselves and Others.