**Leedon Lower School PE Policy**

**Curriculum Aims**

1. To promote Healthy Lifestyles
2. To promote safe practice in PE
3. To promote enjoyment and achievement through physical activity
4. To make a positive contribution to society, via promotion of interpersonal relationships, friendship and teamwork
5. To develop leadership opportunities
6. Maximise physical potential according to each individual’s ability.
7. To develop the ability to appreciate good performances in self and others.
8. To develop desirable attitudes and qualities such as self control, self confidence and fair play; along with commitment, enthusiasm, perseverance, and the ability to cope with success and failure in both competitive and co-operative activities.
9. To develop the ability; to acquire and develop skills, to select and apply skills, to gain knowledge and understanding of fitness and health and to evaluate performance.

**Curriculum**

All children at Leedon Lower school will experience a broad and balanced curriculum which follows the National Curriculum objectives. Some of the activities include Multi skills, core skills of agility, balance, speed, endurance and co-ordination, body management and gymnastics, swimming, athletics, dance and a variety of games activities.

**The expectations of children**

1. PE kit is to include; a pair of good trainers which every child can put on themselves (If they cannot tie laces please have Velcro), Leedon shorts and t shirt, white ankle socks, and for outdoor PE tracksuit bottoms and a sweatshirt. All PE kit must be in school every day. Additional equipment at times may also be required; football boots, long sports socks, shin pads and a mouth guard.
2. To have a positive attitude to all activities and a willingness to improve their own performances.
3. If children are injured and unable to do PE, parents/carers are to speak (in the first instance) to their class teacher.

**Extra Curricular**

Leedon Lower take part in a variety of Level 1 Leighton Linslade Sports Partnership competitions. Children can be selected for this from either lessons or if a club is running for that particular activity then attendance from a club. We are limited in the number of children we can take to competitions which is out of our control. Most of the competitions are for ‘A’ teams only but we try our best to offer ‘B’ team fixtures where ever possible. Behaviour of our children is also a criteria for selection.