**Chiltern Outreach Chat**

**Special School Outreach Newsletter**

*Issue 1*

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| **Welcome**  Dear colleagues,  We hope you are keeping well during these challenging times.  We thought it would be helpful to share resources regularly with you, to help you support the children and young people with SEND from your settings, whether they are still attending school or are at home. Please feel free to share any links or resources with teachers or families who may find them helpful.  If you have found any resources that you would like to share, then please also let us know and we can add them to the next newsletter. |

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| **National Autistic Society COVID-19 resources**<https://www.autism.org.uk/services/helplines/coronavirus/resources/helpful-resources.aspx> |

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| **Autism Bedfordshire** [**COVID-19 resources**](https://www.autismbedfordshire.net/support-for-children/autism-bedfordshire-covid-19-support-services/)  <https://www.autismbedfordshire.net/support-for-children/autism-bedfordshire-covid-19-support-services/> |

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| **The Sensory Projects COVID-19 resources**  <http://www.thesensoryprojects.co.uk/covid19-resources>  Lots of ideas and further links for a variety of needs/abilities, including social stories, a sensory story and a range of activity ideas. |

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| **Sensory Stuck at Home (Facebook page)**  <https://www.facebook.com/groups/sensorystuckathome/>  Advice and support for families at home with a child who has sensory integration difficulties. |

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| **Sunshine Support COVID-19 resources**  <https://www.sunshine-support.org/covid-19-downloads?fbclid=IwAR3Z9DMb6TeYm25WQgjM_XF2AS59Sba8ETO9jsi1JGH8nKE418kV0SU_nZ4>  Advice for supporting children/young people with Learning Disabilities/ASD  <https://cdn.website-editor.net/e426f19082654715ad7d0a25bfd193dc/files/uploaded/Isolation%2520Ideas.pdf>  Ideas and advice for Home Education and SEND |

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| **Gina Davies Attention Autism (Facebook page)**  <https://www.facebook.com/ginadaviesautism/>  Regular uploads of videos demonstrating Attention Autism and ideas for activities. |

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| **Carol Gray’s Pandemic Social Story**  <https://carolgraysocialstories.com/wp-content/uploads/2020/03/Pandemics-and-the-Coronavirus.pdf> |

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| **ELSA Support COVID-19 resources**  <https://www.elsa-support.co.uk/category/free-resources/coronavirus-support/>  Free wellbeing resources for teaching staff and parents to help children cope with the current viral outbreak. |

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| **Young Minds - What to do if you’re anxious about coronavirus**  <https://youngminds.org.uk/blog/what-to-do-if-you-re-anxious-about-coronavirus/> |

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| **Contact (for families with disabled children) coronavirus information for families**  <https://contact.org.uk/advice-and-support/coronavirus-information-for-families-with-disabled-children/> |

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| **Mindheart interactive book/explanation of Coronavirus** (for young children, in various languages)  <https://www.mindheart.co/descargables> |

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| **Mencap Easy-Read Coronavirus guidance**  <https://www.mencap.org.uk/advice-and-support/health/coronavirus-covid-19> |

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| **Curated Resources to support children and young people with Special Educational Needs**  <https://www.smore.com/udqm2-covid-19-preparedness>  Various visuals and links (e.g. hand washing, social distancing, anxiety, etc) |

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| **National Council for Special Education COVID-19 resources**  <https://ncse.ie/online-resources-for-parents>  Resources for parents including regulation, wellbeing, PE, developing vocabulary skills, Occupational Therapy advice, Speech and Language Therapy advice and general tips.  <https://ncse.ie/online-resources-for-teachers>  Resources for teachers |

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| **Anna Freud National Centre for Children and Families**  Supporting Young People’s Mental Health During Periods of Disruption  <https://www.annafreud.org/what-we-do/anna-freud-learning-network/coronavirus/> |

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| **Managing the transition to home schooling helpsheet**  <https://search3.openobjects.com/mediamanager/biborough/directory/files/managing_the_transition_to_home_schooling.pdf> |

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| **Autism and the Corona virus: 20 tips (from Peter Vermeulen)**  <https://search3.openobjects.com/mediamanager/biborough/directory/files/covid_19_advice_from_peter_vermeulen_march_2020.pdf> |

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| **The Garden School**  Home Learning resources - symbolised PowerPoints with suggestions for activities for children with SEND.  <https://www.the-garden.org.uk/index.asp> |

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| **Ready, Steady, Communicate**  <https://readysteadycommunicate.co.uk/>  Free downloadable PECS symbols, schedule symbols and social stories. |

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| **Sheffield Children’s NHS - Coronavirus resources for children and families**  <https://www.sheffieldchildrens.nhs.uk/patients-and-parents/coronavirus-resources-for-children-and-families/>  Symbolised resources (including social stories and communication boards) and advice for families. |

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| **East London NHS Foundation Trust video for parents/carers**  Supporting Neurodiverse Children in Self Isolation  <https://www.elft.nhs.uk/News/Supporting-Neurodiverse-Children-in-Self-Isolation> |

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| **Hirstwood Training**  <https://online.hirstwood.com/bundles/free-courses>  Free online CPD opportunities for staff - “A Practitioner’s Guide to the Rochford Review and Engagement Model”, “An Introduction to Multisensory Learning” and “An Introduction to Resourceful Teaching and Learning”. |

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| **Central Bedfordshire Coronavirus (COVID-19) Information and resources for parents/carers**  <https://centralbedfordshire.app.box.com/s/hgv13pzwscpukp7eg5zp6lmk7rap2hl4> |

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| **Further Support**  We are both available via email, telephone and video conferencing to offer remote support (e.g. advice for a child/young person who is struggling with the current situation, advice on updating paperwork, reading/editing social stories, signposting or discussing students who have been referred).  If you require support, please email [sendoutreach@chiltern.beds.sch.uk](mailto:sendoutreach@chiltern.beds.sch.uk) in the first instance.  If you are enquiring about a specific student who is known to us and you know which teacher’s caseload the student is on, please email the appropriate teacher directly  Emily - [ECritchley@chiltern.beds.sch.uk](mailto:ECritchley@chiltern.beds.sch.uk)  Sally - [sdavidson@chiltern.beds.sch.uk](mailto:sdavidson@chiltern.beds.sch.uk)   |  | | --- | |  | |