

# Facts about ADHD



We may need time to calm down in a safe space or time out of the classroom to be on our own.



We like to receive praise – 'Well done', 'Great job!'.



We like opportunities to lead groups and games.



Please tell us if something will change in the school day.



We enjoy active learning.



We need simple instructions.



Be patient with us.



Be fair and clear with us.



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