

# Our Learning Keys

## Relationships; Families and Friendships

PSHE

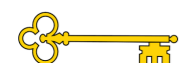
Year 4  
Autumn 1 of 3

### Questions

- What are the features of healthy relationships?
- What strategies are there to build positive friendships?
- How do we seek support if we feel lonely or excluded?
- How do we communicate respectfully with friends when using digital devices?
- How does knowing someone online differ from knowing them face-to-face and what risks are there in communicating with someone you don't know?
- What do we do or who do we tell if we are worried about any online contact?

### Images

### Links



Digital devices

Risks

Vocabulary

Positive

Relationships

Mutual

Trust

Respect

Excluded

Communicate

Online contact

Seek support



Facts

- Some of the features of positive and healthy relationships are mutual respect, trust and shared interests.
- There are many different people who can help you if you feel lonely or excluded such as friends, classmates, teachers, school staff, parents, family members and charities.
- Knowing someone online is different from knowing them face-to-face and we need to be careful how we behave online to keep ourselves and others safe. We don't share personal information about ourselves or give virtual strangers a way of finding us in real life.

Doors this will open...



Previously...

Relationships:  
Families and Friendships

Next...  
Relationships: Safe Relationships