SRE Pyramid

Ages 16+:
Healthy relationships, Emotions, Sex, Sexual health, Contraception, Body image, Self esteem, Healthy behaviour, Media Influences, Consent and the law, Drugs and alcohol, Local services

Ages 14-16: Healthy sexual relationships, Controling and exploiting relationships, Resisting peer pressure, Important relationships with friends, family and sexual partner. Dealing with conflict in relationships, Effective communication skills, Teenage Parenthood, Challenging bullying and prejudice, Sexting and the law, Self esteem, Asperations, Feelings, Pornography v's Reality, Pregnancy choices, Sexuality, Consent, Drugs and Alcohol, Sexual health, Sex and the law, Pregnancy choices

Ages 11-13: Healthy and unhealthy relationships, How and why relationships change during puberty, Self esteem, Difference between marriage and civil partnerships and the law, How to deal with a family or friendship break-up, Sex and the law, Delaying early sex, Sexuality and gender, Acceptable touching and behaviour amongst peers, Am I normal, Media and its negative impact. Body image. Emotions and Hormones, Periods, Sexual attraction and feelings, Pleasure, Consent and the law, Sexting and the law, Healthy behaviours, Keeping safe, Where to go for help and information

Ages 9-10: Important relationships, Love, Different kinds of families and partnerships, Bullying, Respectful behaviour, Healthy relationships, Puberty, Am I normal, Feelings, Internet safety, How to say NO, Sex, Personal Hygine, Who to talk to if you want help or advice. Where you can find information about puberty and sex, Reliable internet sites, CEOP

Ages 7-8: Healthy and Unhealthy friendships, Changes in relationships, Bullying, Body changes, Difference between boy and girls, Feelings, How babies are made, How do different animals have babies, What happens when people get older, Looking after your growing body, Peer pressure, Keeping secrets, People to talk to if you feel anxious or unhappy, Where can you find information about growing up

Ages 3 - 6: Family tree, Friendships. Feeling good, Respecting myself and others, Naming body parts, Private body parts, How children are different, Where babies come from and People to talk to if you are worried