

Prior Learning: In Year KS1, children were introduced to some fundamental football skills. They learned different ways of kicking/passing the ball. They learned to dribble the ball with their feet.

Physical Me

Kicking **Agility**

Running **Balance**

Speed **Co-ordination**

Strength **Throw (in)**

Reaction

Key Skills

Value Me:
- Teamwork

Thinking Me
- Select and apply skills
- Evaluate performance

Social Me
- Communication
- Encourage
- Collaboration



Key Knowledge

Attacking - The team with the ball attempts to score a goal in the opponents net by shooting or heading the ball

Defending - A defending team tries to stop the other team scoring and to regain possession of the ball
- Once they have the ball, they become the attacking team

Heading- Age 12 and under are not allowed to head the ball in training or practice in England, Scotland and Northern Ireland.
- However, they can head a ball in a game.

Passing- P – Plant (foot)
P – Pass (inside foot)
P – Point (direction)

Football Rules:

No of players in a team:
Maximum 7 on pitch at a time

Size of ball:
Size 3 football

Start of Game:
Teams will be told which way they are shooting at start of game

- Start in the centre of the pitch with a kick off

A goal cannot be scored directly from a start or restart of play.

Out of play:
If the ball goes off the pitch (touchline) it is a throw in.

If the ball goes off at the goal line:

By attacking team - it is a goal kick
By defending team - it is a corner

Tackling:
No slide tackles



Key Vocabulary

Control

Passing

Dribble

Tackle

Stationary

Throw- in

Communication

Defending

Attacking