

## Nettle fritter recipe

At the party they serve nettle fritters. Here is a recipe for them and they really are edible! You will need help from an adult for this one so make sure you ask if you are allowed and always stay safe when cooking. There is also a recipe for nettle soup below. Go on and be brave and try real goblin food.

Here are some pictures of Treerumple's fritters:



### What you need:

- 1 cup of milk
- 1 cup of flour
- 1 egg
- Sunflower oil or a similar oil
- Some harvest nettles (always wear gloves when picking nettles)
- Large frying pan
- Tongs

### What you need to do:

- 1) Whisk the milk, flour and egg together so that it makes a light batter (like a pancake batter).
- 2) Pop a pan of oil onto a stove and heat up (**you must ask an adult to help you**).
- 3) Dip each leaf into the batter so that it is completely covered.
- 4) (**Ask an adult to do this bit**) Carefully, place each leaf, using the tongs, into the oil. Leave them to bubble until golden brown.
- 5) Place each leaf onto some kitchen roll, leave to cool a little.
- 6) Gobble them up.

**Can you write a recipe for one of the items of food on your menu?**