

GRAFHAM WATER

Wednesday 19th – Friday 21st April 2023

AGENDA FOR GRAFHAM MEETING

1. Introduction to members of staff attending Grafham Water
2. Introduction to Grafham Water Centre and sleeping arrangements
3. Planned outcomes, activities and timetable for the visit including travel arrangements
4. Clothing and equipment required for the visit
5. Dinner arrangements for the visit.
6. Questions and answers

INTRODUCTION TO GRAFHAM WATER

<https://www.grafham-water-centre.co.uk/>

Grafham Water Centre
Perry, Huntingdon
Cambridgeshire
PE28 0GW

Finances

The cost of the trip will be £238. We are aware of how difficult the situation is for many people at the moment. If you have any concerns about paying for the trip, please speak to Mr Benson as soon as possible. You are welcome to pay in instalments to help spread the cost.

STAFF ATTENDING

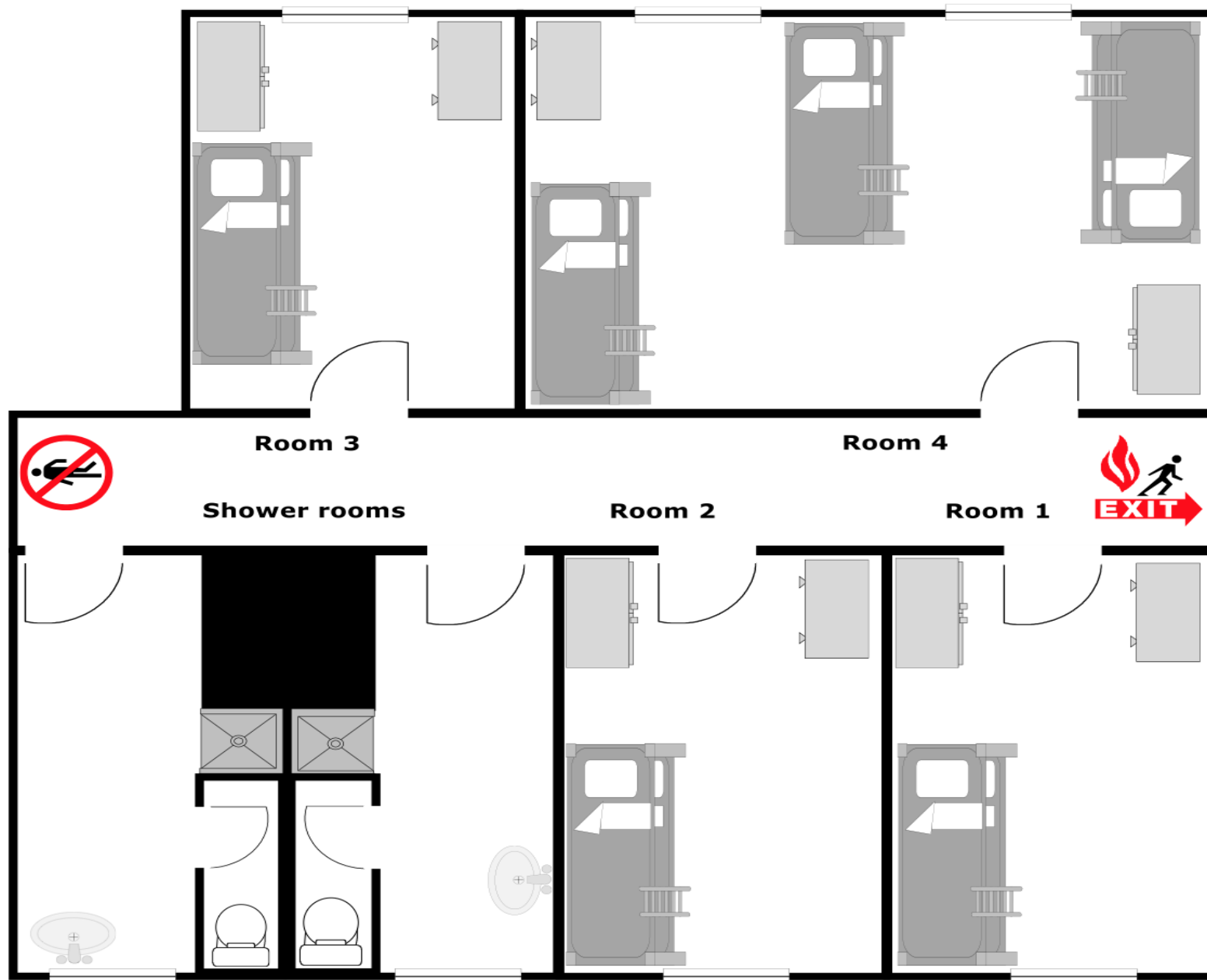
- Mrs Brown
- Mrs Garwood
- Mr Simon
- Mr Denham
- Miss Midwinter
- Mrs Goodwin
- Plus 4 others

Endurance Ground Floor



Endurance First Floor





Mayflower

PLANNED OUTCOMES, ACTIVITIES AND TIMETABLES

Grafham is such a positive experience for our children.

Our main outcomes for this trip are:

- Working with others, developing teamwork, communication and respect for others
- Improving own performance, self-awareness, confidence, taking responsibility
- Problem solving, planning, leadership, creativity
- Developing Outdoor Activity skills

Travel Information

We will be travelling to Grafham Water Centre by coach and school minibus. Travel times will be confirmed nearer the time.

On the morning of departure, any necessary medication should be handed into your child's group leader. Please ensure that any children who suffer from travel sickness takes the appropriate medication before leaving home and that they bring some for the return journey home in a named envelope with instructions. This will need to be handed to your child's group leader before departure.

We will leave Grafham Water Centre at 2:30pm on Friday and are due to return to Leedon at 4pm, although this may change depending on traffic. We will inform you through text messages if there are any changes.

We ask that all children return to the school hall to be dismissed and appreciate your cooperation and patience in this matter.

POSSIBLE ACTIVITIES

Although activities haven't been finalised yet, they are likely to consist of the following:

- Mountain biking
- Climbing and archery
- Grafham Challenge
- Kayaking
- Raft Building
- Orienteering
- Sailing

EQUIPMENT

The children will require enough casual, comfortable clothing for three days. Ideally, we would like the children to have enough clothes for two full outfits each day so if they get wet, they can get changed. Most of our activities are outdoors – on land and water – so children need durable and warm clothing.

Please do not invest in new clothing. Well-worn clothing is needed. They might come back very muddy and wet!

All these items should be in a large bag that the children can carry themselves. Some of them will be staying in rooms upstairs and need to be able to carry them up the stairs on their own.

Children must not bring any electronic equipment, games or food with them. We have a number of severe allergies in the group, so this is very important.

Children will not have access to telephones whilst we are away; however, we will contact school every day with an update. School will be in contact with us should there be an emergency at home and you need to contact us.

EQUIPMENT LIST – THIS IS NOT AN EXHAUSTIVE LIST AND FURTHER DETAILS WILL BE SENT OUT NEARER THE TIME

- Warm trousers – Tracksuit bottoms (please avoid jeans)
- Sweatshirts/jumpers/fleeces - not woolen
- T-Shirts
- Nightwear and slippers – or other suitable clean, non-marking indoor shoes
- Wellies
- Hat/Gloves/Scarf
- Sturdy Walking boots or trainers
- Swimwear (two sets if possible)
- Underwear and socks (At least two sets per day)
- Sun hat/cap (sun cream - weather dependent)
- Waterproof coat and trousers
- Two large towels and one small towel
- Soap
- Shampoo/conditioner
- Toothpaste and toothbrush
- Hairbrush or comb
- Roll on deodorant if needed (no sprays or aerosols)
- Labelled washbag
- Black bin bag to put all dirty washing in to
- Favourite cuddly toy- We'll all have ours!
- Essential medication – inhalers/spacers/travel sickness tablets etc

DINNER ARRANGEMENTS

The children are not going to go hungry. The food is plentiful.

Breakfast – Children have a hot, cooked breakfast option, often porridge, cereals, toast, fruit, yogurts

Lunch – There is a hot option plus a selection of rolls, baguettes with various fillings and salad. Yogurts and fruit for desert.

Dinner – Two choices of hot dinner, salad. A wide range of deserts.

Hot Chocolate – served about 8:30pm if the children want it.

Changes due to COVID means children will need to bring a named water bottle that they can keep with them at all times.

Dietary Requirements – the centre is notified of any dietary requirements in advance and briefed by visit leaders on arrival. Children are given colour coded key rings which indicate their requirements to the kitchen to ensure they get the correct dinner.

QUESTIONS?