

## **Grafham Information**

### **Contact Details**

<https://www.grafham-water-centre.co.uk/>

Grafham Water Centre  
Perry, Huntingdon  
Cambridgeshire  
PE28 0GW

If there is an emergency and you need to contact us whilst we are on the trip, you will be able to contact us through the school office.

### **Travel Information**

We will be travelling to Grafham Water Centre by coach and school minibus. We will be using Marshall's coach company to travel there. We will be leaving Leedon between 9:00-9:15am on Wednesday 19<sup>th</sup> April. Parents are welcome to drop children off on the morning and wait to wave goodbye on Highfield Road as we leave if you wish. Please ensure you have parked in such a way that you don't disturb our neighbours or block the coach from leaving.

We will leave Grafham Water Centre at 2:30pm on Friday and are due to return to Leedon at 4pm, although this may change depending on traffic. We will inform you through text messages if there are any changes.

### **On the morning of departure**

On the morning of departure, parents will be asked to bring their children into the school hall with their cases/bags. Cases/bags should be big enough that they can fit everything in, but it is essential that they can carry them themselves as the children will be expected to carry all their bags into the building themselves.

On arriving at school, children should find their group leader within the hall. At this point, please say goodbyes and leave your children with their group leader. If your child has medication, this is the point to hand it over. If your child requires any medication, please hand this to your child's group leader. You will then be asked to complete a form giving instructions on how and when the medication should be administered. Please ensure that any children who suffer from travel sickness takes the appropriate medication before leaving home and that they bring some for the return journey home in a named envelope with instructions. This will need to be handed to your child's group leader before departure.

**On returning to school on Friday 21<sup>st</sup> April we ask that all children return to the school hall to be dismissed and appreciate your cooperation and patience in this matter. We will get them back to you as quickly as we can but need to ensure their safety.**

### **Food**

The children are not going to go hungry. The food is plentiful.

**Breakfast** – Children have a hot, cooked breakfast option, often porridge, cereals, toast, fruit, yogurts

**Lunch** – There is a hot option plus a selection of rolls, baguettes with various fillings and salad. Yogurts and fruit for desert.

**Dinner** – Two choices of hot dinner, salad. A wide range of deserts.

Hot Chocolate – served about 8:30pm if the children want it.

Changes due to COVID means children will need to bring a named water bottle that they can keep with them at all times.

Dietary Requirements – the centre is notified of any dietary requirements in advance and briefed by visit leaders on arrival. Children are given colour coded key rings which indicate their requirements to the kitchen to ensure they get the correct dinner.

## Packed Lunch

You will need to provide a packed lunch for your child for the first day. This will be eaten upon arrival. If your child is in receipt of Free School Meals and you would like the school kitchen to provide a grab bag, please order these with the school office by 30<sup>th</sup> March at the latest.

### **Grafham Water Centre Centre - Activity Programme**

**Organisation Name:** Leedon Lower School | **Number Of Groups:** 8 | **Nights:** 2 | **Arrival Date:** 10:00, 19 Apr 2023 | **Departure Date:** 14:00, 21 Apr 2023

Session	Time	Leedon Lower School 1	Leedon Lower School 2	Leedon Lower School 3	Leedon Lower School 4
<b>Wednesday 19 Apr</b>					
Wed	10:30 - 12:30	Arrivals	Arrivals	Arrivals	Arrivals
Wed	14:00 - 15:30	Climbing	Climbing	Archery Indoors	Archery Outdoors
Wed	15:30 - 17:00	Archery Indoors	Archery Outdoors	Climbing	Climbing
Wed	19:00 - 21:00	Orienteering	Orienteering	Orienteering	Orienteering
Session	Time	Leedon Lower School 1	Leedon Lower School 2	Leedon Lower School 3	Leedon Lower School 4
<b>Thursday 20 Apr</b>					
Thu	09:30 - 11:00	Mountain Biking	Mountain Biking	Sailing - Funboats	Sailing - Funboats
Thu	11:00 - 12:30	Mountain Biking	Mountain Biking	Sailing - Funboats	Sailing - Funboats
Thu	14:00 - 15:30	Canoeing	Sailing - Funboats	Canoeing	Raft Building
Thu	15:30 - 17:00	Raft Building	Sailing - Funboats	Raft Building	Canoeing
Session	Time	Leedon Lower School 1	Leedon Lower School 2	Leedon Lower School 3	Leedon Lower School 4
<b>Friday 21 Apr</b>					
Fri	09:30 - 11:00	Sailing - Funboats	Canoeing	Mountain Biking	Mountain Biking
Fri	11:00 - 12:30	Sailing - Funboats	Raft Building	Mountain Biking	Mountain Biking
Fri	14:00 - 14:30	Departures	Departures	Departures	Departures

## Tips for Packing

- Please pack your child's bag with them so they know what they have got and what belongs to them.
- Consider enclosing a list of everything you pack in your child's bag, so they know what they so and don't have.
- Please do not pack sweets or crisps in your child's bag for them. There will be plenty of food and we have some serious allergies. Any food found on the children, will be confiscated, and disposed of.
- Shampoo and Conditioners – We have severe nut allergies within our group. Please ensure as best you can that any products sent do not contain nut oils.
- Please do not send any electronic equipment with the children. Please do not also send any money as there will not be a chance to buy anything.
- The children will require enough casual, comfortable clothing for three days. Ideally, we would like the children to have enough clothes for two full outfits each day so if they get wet, they can get changed. Most of our activities are outdoors – on land and water – so children need durable and warm clothing.
- Please do not invest in new clothing. Well-worn clothing is needed. They might come back very muddy and wet!
- All these items should be in a large bag that the children can carry themselves. Some of them will be staying in rooms upstairs and need to be able to carry them up the stairs on their own.
- Children will not have access to telephones whilst we are away; however, we will contact school every day with an update. School will be in contact with us should there be an emergency at home and you need to contact us.
- If you are struggling to find or buy certain pieces of equipment, please let us know. We have a small amount of spare kit and might be able to help.